

CHANNEL 1-2



January Issue

January 1 – January 31, 2026

How do I get to Beatitudes Channel 1-2?

- (1) Turn on your TV and DirecTV box.
 - (2) Go to Channel 1.
 - (3) Press the Channel Change button as if you are going to Channel 2.
- You will go first to Channel 1-1 where all of the event slides are shown.
 - Channel 1-2 is our Entertainment Channel. Some programming is changed weekly. Most is changed monthly. You can get a TV Guide at the Information Station near the Fitness Center.
 - Channel 1-3 is our LIVE Channel that is used only to show live events that are happening in the Life Center.

Using the Beatitudes Channels is the best way to keep abreast of events and outings.



On-Demand TV

If you would like to watch any of the programming listed in this TV Guide at your convenience, use the QR code shown here or go to www.BeatitudesCampus.net/TV

Programs Changed Weekly

- **MEET THE TEAM**
- **HOW IT WORKS**
- (See Page 4 for Program Lineup)
- (STING)

Programs Added as Available

- CATHOLIC MASS
- SUNDAY MORNING WORSHIP
- MUSICAL PERFORMANCE VIDEOS
- SPECIAL NOTICES
- EXERCISE VIDEOS (Christmas Edition)
- READERS THEATER (Sunday Mixer)
- **BEATITUDES FLASHBACKS**

Programs Changed Monthly

- **ADMIN TOWN HALL MEETING**
- **RESIDENT COUNCIL MEETING**

Programs Changed Quarterly

- LATE EVENING 6 HOUR MUSIC
- NEW RESIDENT INFO VIDEO

Programs Changed Periodically

- VIDEO ROADRUNNER EXTRA
- WELCOME COMMITTEE VIDEO
- MORNING WAKEUP MUSIC

Every-Day Broadcasts

- 11:30 AM – BEATITUDES FLASHBACKS
- 10:00 & 12:30 – EXERCISE CLASS 1
- 10:45 & 1:15 – EXERCISE CLASS 2
- 6:00 – LATE AFTERNOON EXERCISE

Occasionally try a different mind exercise when you sit down to relax.

The answers are on the back page

Sunday

- 7:00 – CHOIR PERFORMANCES
- 8:00 – **LLL HOW IT WORKS**
- 9:00 – READERS THEATER
- 10:00 – L1 CHAIR YOGA
- 10:45 – L3 CORE & CONDITIONING
- 11:30 – **ONE HOUR FLASHBACKS**
- 12:30 – L1 CHAIR YOGA
- 1:15 – L3 CORE & CONDITIONING
- 2:00 – **NEW RESIDENT AI VIDEO**
- 3:00 – **ADMIN TOWN HALL**
- 4:30 – **RESIDENTS COUNCIL**
- 6:00 – L2 STRENGTH & BALANCE
- 7:00 – SPECIAL PROGRAMMING (RT)
- 9:00 – FOUNTAIN HILLS SAX QUARTET
- 10:00 – **HOW IT WORKS**
- 11:00 – **ONE HOUR FLASHBACKS**
- 11:58 – SIX HOURS QUIET MUSIC

Change a single letter to make the new word.

B O Y

C A T

- 2:00 – **NEW RESIDENT AI VIDEO**
- 3:00 – **HOW IT WORKS**
- 4:00 – **ADMIN TOWN HALL**
- 5:30 – **RESIDENTS COUNCIL**
- 7:00 – SPECIAL PROGRAMMING (RT)
- 9:00 – PLAZA VIEW SING ALONG
- 10:00 – **MEET THE TEAM**
- 11:00 – **ONE HOUR FLASHBACKS**
- 11:58 – BEADED LIZARD XMAS SPECIAL

Drop one letter to form a new word.
You cannot change the letter order.

S T A R T L I N G

_____ (HINT?)

I

For a hint of the word half-way, look at the last entry of Programs Changed Weekly on Page 1.

Monday

- 7:00 – HARPSICORD PRESENTATION
- 8:00 – **LLL MEET THE TEAM**
- 9:00 – READERS THEATER
- 10:00 – L3 CORE & CONDITIONING
- 10:45 – L1 CHAIR YOGA
- 11:30 – **ONE HOUR FLASHBACKS**
- 12:30 – L3 CORE & CONDITIONING
- 1:15 – L1 CHAIR YOGA

Tuesday

- 7:00 – PLAZA VIEW SING ALONG
- 8:00 – FOUNTAIN HILLS SAX QUARTET
- 9:00 – READERS THEATER
- 10:00 – L2 SIT AND BE FIT
- 10:45 – L4 FITNESS TRAINING CAMP
- 11:30 – **ONE HOUR FLASHBACKS**
- 12:30 – L2 SIT AND BE FIT
- 1:15 – L4 FITNESS TRAINING CAMP

- 2:00 – **BE INFORMED – LIVE**
- 3:00 – **MEET THE TEAM**
- 4:00 – BE INFORMED – REPLAY
- 6:00 – L1 CHAIR YOGA
- 7:00 – **ADMIN TOWN HALL**
- 8:30 – **HOW IT WORKS**
- 9:30 – EVANS-BELL CONVERSION
- 10:30 – **BE INFORMED – REPLAY**
- 11:58 – SIX HOURS QUIET MUSIC

Change a single letter to make the new word.

B I K E

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L A M B

Wednesday

- 7:00 – T.A. BURROWS
- 8:00 – PLAZA CLUB ON the ROCKS
- 9:00 – READERS THEATER
- 10:00 – L1 CHAIR YOGA
- 10:45 – L3 CORE & CONDITIONING
- 11:30 – **ONE HOUR FLASHBACKS**
- 12:30 – L1 CHAIR YOGA
- 1:15 – L3 CORE & CONDITIONING
- 2:00 – **BE INFORMED – REPLAY**
- 3:00 – **HOW IT WORKS**
- 4:00 – **BE INFORMED – REPLAY**
- 6:00 – L2 STRENGTH & BALANCE
- 7:00 – **ADMIN TOWN HALL**
- 8:30 – **RESIDENT COUNCIL**
- 9:30 – PHOENIX PIONEER BAND
- 10:30 – **ONE HOUR FLASHBACKS**
- 11:58 – BEADED LIZARD XMAS SPECIAL

Thursday

- 7:00 – VALLEY CHAMBER CHORALE
- 8:00 – EVANS-BELL CONVERSION
- 9:00 – LC CATHOLIC MASS
- Catholic Mass is live Sunday at 9:30 on Channel 1-3*
- 10:00 – L3 TAIJI QUAN
- 10:45 – L2 STRENGTH & BALANCE
- 11:30 – **ONE HOUR FLASHBACKS**
- 12:30 – L3 TAIJI QUAN
- 1:15 – L2 STRENGTH & BALANCE
- 2:00 – **BE INFORMED – REPLAY**
- 3:00 – LC SUNDAY WORSHIP
- Sunday Worship is live Sunday at 3:00 on Channel 1-3*
- 4:00 – **NEW RESIDENTS ZOOM INFO VIDEO**
- 6:00 – L2 STRENGTH & BALANCE
- 7:00 – SPECIAL PROGRAMMING (RT)
- 9:00 – **ONE HOUR FLASHBACKS**
- 11:58 – SIX HOURS OF QUIET MUSIC

Change a single letter to make the new word.

S W A M P

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B L O O D

Friday

- 7:00 – ELECTRIC TANGERINE BAND
- 8:00 – PHOENIX PIONEER BAND
- 9:00 – LC CATHOLIC MASS
- Catholic Mass is live Sunday at 9:30*
- 10:00 – L3 CORE & CONDITIONING
- 10:45 – L1 SIT AND BE FIT

11:30 – **ONE HOUR FLASHBACKS**
 12:30 – L3 CORE & CONDITIONING
 1:15 – L1 SIT AND BE FIT
 2:00 – **BE INFORMED – REPLAY**
 3:00 – LC SUNDAY WORSHIP
Sunday Worship is live Sunday at 3:00 on Channel 1–3
 4:00 – **NEW RESIDENTS ZOOM INFO VIDEO**
 5:00 – **READERS THEATER**
 6:00 – L2 STRENGTH & BALANCE
 7:00 – SPECIAL PROGRAMMING (RT)
 9:00 – OPEN PROGRAMMING
 10:00 – CIMMARON ROAD WITH BILL
 11:00 – **ONE HOUR FLASHBACKS**
 11:58 – BEADED LIZARD XMAS SPECIAL

Saturday

7:00 – TLC: TENDER LOVING CROONERS
 8:00 – **MEET THE TEAM**
 9:00 – **READERS THEATER**
 10:00 – L1 WORKOUT WITH WALKERS
 10:45 – L2 STRENGTH & BALANCE
 11:30 – **ONE HOUR FLASHBACKS**
 12:30 – L1 WORKOUT WITH WALKERS
 1:15 – L2 STRENGTH & BALANCE
 2:00 – OPEN PROGRAMMING (RT)
 3:00 – **ADMIN TOWN HALL**
 4:30 – **RESIDENTS COUNCIL**
 6:00 – L1 CHAIR YOGA
 7:00 – SPECIAL PROGRAMMING (RT)
 9:00 – PLAZA CLUB ON the ROCKS
 10:00 – **READERS THEATER**
 11:00 – **ONE HOUR FLASHBACKS**
 11:58 – SIX HOURS OF QUIET MUSIC

Please give feedback and suggestions for this guide to Robert Andrews or Cynthia Cielle

Weekly Programming

Week 1

How it Works: Finances

Meet the Team: Alexia Robles

Week 2

How it Works: Human Resources

Meet the Team: Mara Gilmartin

Week 3

How it Works: Campus Operations

Meet the Team: Jonathan Gibbs

Week 4

How it Works: Governance

Meet the Team: Scott Appel

ANSWERS TO PUZZLES

Note: There can be more than one correct path to the target word.

SUNDAY: BOY, COY, COB, CAB, CAT

MONDAY: DROP A LETTER:

Startling – Starling – Staring – String – Sting – Sing – Sin – In – I

TUES: BIKE, LIKE, LIME, LAME, LAMB

THURSDAY: SWAMP, STAMP, STOMP, STOOP, STOOD, BLOOD

SPECIAL PROGRAMMING

At 7:00 pm watch for Special Program or Presentations held by Beatitudes Admin. If there is none, we will show a two-hour compilation of Readers Theater.

“Must-sees” are highlighted in red, and are repeated throughout the week.