

CHANNEL 1-2



November Issue.

November 15 – November 30, 2025

What's New?

Due to popular request, we now have 6:00 pm exercise videos every night. There are more instances of Core & Conditioning plus two Chair Yoga videos. Also Town Hall and Residents Council are shown 5x weekly. Wake up to Music is now live performances. Beatitudes Flashbacks now include all aspects of Campus Life. Always at 11:30 am, plus a few other times as well. Shorter (<8 min) and Longer (>8 min) slots are programmed.

Wednesday meetings ADMIN TOWN HALL and RESIDENT COUNCIL videos will play about 14 days after the meetings.

The QR codes are gone. They were creating more confusion than helping things. To watch any of these programs on your mobile phone or computer, visit BeatitudesCampus.NET and click on "T" for TV Programming. Navigate to your program.

Programs Changed Weekly

- MEET THE TEAM
- HOW IT WORKS

Programs Added as Available

- CATHOLIC MASS
- SUNDAY MORNING WORSHIP
- MUSICAL PERFORMANCE VIDEOS
- SPECIAL NOTICES
- EXERCISE VIDEOS
- READERS THEATER

Programs Changed Monthly

- ADMIN TOWN HALL MEETING
- RESIDENT COUNCIL MEETING
- STATE OF THE CAMPUS – OCT 29
- TUESDAY NIGHT OWL THEATER

Programs Changed Quarterly

- LATE EVENING 6 HOUR MUSIC
- NEW RESIDENT INFO VIDEO

Programs Changed Periodically

- VIDEO ROADRUNNER EXTRA
- EDUCATIONAL VIDEOS
- WELCOME COMMITTEE VIDEO
- MORNING WAKEUP MUSIC

Every-Day Broadcasts

- 11:30 AM – BEATITUDES FLASHBACKS
- 10:00 & 12:30 – EXERCISE CLASS 1
- 10:45 & 1:15 – EXERCISE CLASS 2
- 6:00 – LATE AFTERNOON EXERCISE

KBAQ Music on Channel 1-1

Our music needs to be restarted if there is a temporary glitch in the Internet Feed. If you notice that the music has stopped, send an eMail to Roadrunner@BeatitudesCampus.org and we will restart it as soon as we are able.

Sunday

7:00 – CHOIR PERFORMANCES
8:00 – LLL HOW IT WORKS
9:00 – L1 AARP MORNING STRETCH
10:00 – L2 STRENGTH & BALANCE
10:45 – L3 CORE & CONDITIONING
11:30 – SHORT FLASHBACKS
12:30 – L2 STRENGTH & BALANCE
1:15 – L3 CORE & CONDITIONING
2:00 – NEW RESIDENT AI VIDEO
3:00 – ADMIN TOWN HALL
4:30 – RESIDENTS COUNCIL
6:00 – L3 CORE & CONDITIONING
7:00 – STATE OF THE CAMPUS – OCT 29
9:00 – OUTSIDE ENTERTAINERS
10:00 – HOW IT WORKS
11:00 – SHORT FLASHBACKS
11:58 – SIX HOURS QUIET MUSIC

Monday

7:00 – RESIDENT MUSIC
8:00 – LLL MEET THE TEAM
9:00 – L1 AARP MORNING STRETCH
10:00 – L3 CORE & CONDITIONING
10:45 – L1 CHAIR YOGA
11:30 – LONGER FLASHBACKS
12:30 – L3 CORE & CONDITIONING
1:15 – L1 CHAIR YOGA
2:00 – NEW RESIDENT AI VIDEO
3:00 – HOW IT WORKS
4:00 – ADMIN TOWN HALL
5:30 – RESIDENTS COUNCIL
7:00 – STATE OF THE CAMPUS
9:00 – MUSIC PLAZA CLUB
10:00 – MEET THE TEAM
11:00 – LONGER FLASHBACKS

11:58 – MUSIC BEAD LIZARD 2 HOURS

Tuesday

7:00 – PLAZA VIEW SING ALONG
8:00 – OUTSIDE ENTERTAINERS
9:00 – L1 AARP MORNING STRETCH
10:00 – L2 SIT AND BE FIT
10:45 – L4 FITNESS TRAINING CAMP
11:30 – SHORT FLASHBACKS
12:30 – L2 SIT AND BE FIT
1:15 – L4 FITNESS TRAINING CAMP
2:00 – BE INFORMED – **LIVE**
3:00 – MEET THE TEAM
4:00 – BE INFORMED – REPLAY
6:00 – L1 CHAIR YOGA
7:00 – ADMIN TOWN HALL
8:30 – HOW IT WORKS
9:30 – MUSIC RESIDENTS
10:30 – BE INFORMED – REPLAY
11:58 – NIGHT OWL THEATER

Fluffy starring Tony Randall

Wednesday

7:00 – KEYBOARD JAM
8:00 – MUSIC PLAZA CLUB
9:00 – L1 AARP MORNING STRETCH
10:00 – L1 CHAIR YOGA
10:45 – L3 CORE & CONDITIONING
11:30 – LONGER FLASHBACKS
12:30 – L1 CHAIR YOGA
1:15 – L3 CORE & CONDITIONING
2:00 – BE INFORMED – REPLAY
3:00 – HOW IT WORKS
4:00 – BE INFORMED – REPLAY
6:00 – L3 CORE & CONDITIONING
7:00 – ADMIN TOWN HALL

8:30 – RESIDENT COUNCIL
9:30 – MUSIC PV SING ALONG
10:30 – SHORT FLASHBACKS
11:58 – BEADED LIZARD 2 HOURS

Thursday

7:00 – OUTSIDE PERFORMERS
8:00 – MUSIC PIANO HARP JAM
9:00 – LC CATHOLIC MASS
Catholic Mass is live Sunday at 9:30 on Channel 1–3

10:00 – L3 TAIJI QUAN
10:45 – L2 STRENGTH & BALANCE
11:30 – SHORT FLASHBACKS
12:30 – L3 TAIJI QUAN
1:15 – L2 STRENGTH & BALANCE
2:00 – BE INFORMED – REPLAY
3:00 – LC SUNDAY WORSHIP
Sunday Worship is live Sunday at 3:00 on Channel 1–3
4:00 – NEW RESIDENTS ZOOM INFO VIDEO
6:00 – L2 STRENGTH & BALANCE
7:00 – STATE OF THE CAMPUS – OCT 29
9:00 – ALL FLASHBACKS
11:58 – SIX HOURS OF QUIET MUSIC

Friday

7:00 – BEADED LIZARD FEATURE ACT
8:00 – MUSIC PV SING ALONG
9:00 – LC CATHOLIC MASS
Catholic Mass is live Sunday at 9:30
10:00 – L3 CORE & CONDITIONING
10:45 – L1 SIT AND BE FIT
11:30 – LONGER FLASHBACKS
12:30 – L3 CORE & CONDITIONING
1:15 – L1 SIT AND BE FIT
2:00 – BE INFORMED – REPLAY
3:00 – LC SUNDAY WORSHIP
Sunday Worship is live Sunday at 3:00 on Channel 1–3

4:00 – NEW RESIDENTS ZOOM INFO VIDEO
5:00 – READERS THEATER
6:00 – L3 CORE & CONDITIONING
7:00 – STATE OF THE CAMPUS
9:00 – OPEN PROGRAMMING
10:00 – MUSIC PIANO HARP JAM
11:00 – SHORT FLASHBACKS
11:58 – MUSIC BEAD LIZARD 2 HOURS

Saturday

7:00 – RESIDENT PERFORMERS
8:00 – MEET THE TEAM
9:00 – SHORT FLASHBACKS
10:00 – L1 WORKOUT WITH WALKERS
10:45 – L2 STRENGTH & BALANCE
11:30 – LONGER FLASHBACKS
12:30 – L1 WORKOUT WITH WALKERS
1:15 – L2 STRENGTH & BALANCE
2:00 – OPEN PROGRAMMING
3:00 – ADMIN TOWN HALL
4:30 – RESIDENTS COUNCIL
6:00 – L1 CHAIR YOGA
7:00 – STATE OF THE CAMPUS
9:00 – MUSIC BEAD LIZARD
10:00 – READERS THEATER
11:00 – LONGER FLASHBACKS
11:58 – SIX HOURS OF QUIET MUSIC

TV Facts and History

More than 90% of American households had at least one television set by 1960.

The Kennedy–Nixon debates in 1960 were the first televised presidential debates and are credited with influencing the election outcome.

HBO launched in 1972 as the first premium cable television network.

How it Works and Meet the Team are both aired throughout the week. Topics and people to meet are changed on a weekly basis.

LLL Beatitudes How It Works

- Finances & Human Resources (HR)
- Campus Operations
- Facilities & Housekeeping
- Beatitudes Foundation
- Governance
- Marketing Strategies
- HCC & Comfort Matters

LLL Meet the Team

- Jon Schilling
- Nina Louis
- Don Bergham
- Alexia Robles
- Mara Gilmartin
- Jonathan Gibbs
- Scott Appel
- Jim Rantz
- Molly Heiden
- Mike Smallwood
- Donna Taylor

Please give feedback and suggestions for this guide to Robert Andrews or Cynthia Cielle

TV Facts – CONTINUED

The first Super Bowl was broadcast in 1967 simultaneously on CBS and NBC.

Sesame Street premiered in 1969 and revolutionized educational children's programming.

Monday Night Football debuted in 1970 and changed how sports were broadcast on television.

VCRs became commercially available in the 1970s, allowing viewers to record and watch programs at their convenience.

MTV launched in 1981 with the music video "Video Killed the Radio Star" by The Buggles.

Cable television penetration reached 50% of U.S. households by 1989.

The first flat-panel plasma television for consumers was introduced in 1997.

TiVo launched in 1999, introducing digital video recording and changed how people watched TV.

The TV dinner was introduced in 1953 and became synonymous with television culture.

The transition from analog to digital broadcasting in the United States was completed in 2009.

Netflix began streaming content in 2007, fundamentally changing television distribution.

Closed captioning for the deaf and hard of hearing became widely available on televisions in 1980.

4K Ultra HD televisions became widely available to consumers by 2014.

The average size of television screens sold in the U.S. has steadily increased, with 65-inch TVs becoming common by 2020.

The Beatles' appearance on The Ed Sullivan Show in 1964 drew an estimated 73 million viewers, about 40% of the U.S. population.

Streaming services began surpassing cable television subscriptions in the mid-2010s, leading to the cord-cutting trend.

LED television technology became commercially available in the 2010s, offering superior picture quality.

Nielsen ratings, which measure television viewership, were introduced in 1950 and became the industry standard.